Meal plans:

- Designed for all students living on and off campus
- No need to carry cash or credit cards
- Can be used at all 32 campus locations
- Rollover if Contracted Meal Plan is chosen for next semester
- Savings in All You Care To Eat location
VARIETY

- All You Care to Eat
- National Chains
- Quick Service Restaurants
- Convenience Stores
- Vegetarian and Vegan Options
- Fresh Fruit and Veggies
HOW MEAL PLANS WORK

- All freshman students living on campus are required to purchase a Contract Meal Plan
- Meal Plans are for full academic year and are quoted per semester
- For terms of agreement, visit dining.okstate.edu
- Or call Meal Plan Office at 405-744-4920
## MEAL PLAN 2013-2014

<table>
<thead>
<tr>
<th>Contract Meal Plan</th>
<th>Average Number of Meals Plan Buys Per Week</th>
<th><strong>Cost Per Semester</strong></th>
<th>Maximum Rollover with Meal Plan Contract</th>
<th>All You Care to Eat (AYCE)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Platinum</td>
<td>18</td>
<td><strong>$2,000</strong></td>
<td>$300</td>
<td><strong>$7.75</strong></td>
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<tr>
<td>Gold</td>
<td>13</td>
<td><strong>$1,650</strong></td>
<td>$280</td>
<td><strong>$8.00</strong></td>
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<tr>
<td>Silver</td>
<td>11</td>
<td><strong>$1,400</strong></td>
<td>$220</td>
<td><strong>$8.25</strong></td>
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<tr>
<td>Bronze</td>
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<td><strong>$1,150</strong></td>
<td>$190</td>
<td><strong>$8.75</strong></td>
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<tr>
<td>Copper</td>
<td>7</td>
<td><strong>$950</strong></td>
<td>$160</td>
<td><strong>$9.00</strong></td>
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<tr>
<td></td>
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</tr>
<tr>
<td>Non-Contract Plan G: dining dollars available in increments of $100</td>
<td></td>
<td>$9.15</td>
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<td></td>
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<tr>
<td>Cash Price</td>
<td></td>
<td></td>
<td></td>
<td><strong>$9.25</strong></td>
</tr>
</tbody>
</table>
STUDENT UNION DINING

Chick-fil-A

BAJA FRESH express

RED EARTH KITCHEN

Johnny Rockets

Hot Dogs

Mambo Italiano

union express

passport

Caribou COFFEE™

Jamba Juice
HEALTHY DINING OPTIONS

- 3 fresh salad bars
- Hard Wok Grill - Build your own stir-fry
- Grab and go salads, wraps, fruit, veggies, and yogurt
- Food allergy/gluten-free options
Look for…

- Nutrition Facts labels on all grab and go items
- Healthy Dining Education Campaigns
- Cooking Demonstrations with samples
- The Choose Orange program
VIDEO: PISTOL PETE LEARNS ABOUT HEALTHY DINING

Wow! University Dining Services really has me covered. This is going to be great!
FOLLOW US

For menu updates, promotions, and special hours

/osudining
QUESTIONS

Meal Plan Office: 405-744-4920
Website: dining.okstate.edu